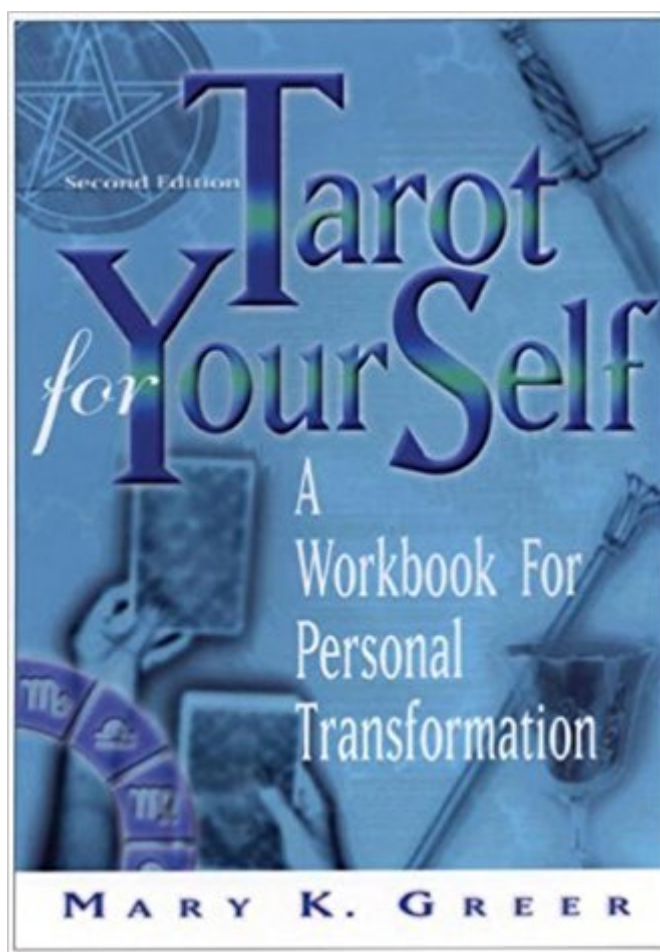


The book was found

Tarot For Your Self, 2nd Edition: A Workbook For Personal Transformation



Synopsis

Originally published in 1984, this is a classic in its field. Not only is it the first book to promote reading the cards for your own insight, but it also shows you exactly how to do so. It revolutionizes learning Tarot through a combined emphasis on self-teaching techniques and personal insight. Never before has a Tarot book so comprehensively linked the many areas of New Age thought. You will find journal writing, mythology, psychology, self-help, relationships, prosperity and right livelihood, crystals, channeling, astrology, numerology, poetry, art, and occult metaphysics—all called explored and integrated with the Tarot. This revised edition features: Expanded interpretations for the Minor Arcana. Reversed card meanings for all 78 cards. An entirely new history-based appendix on the latest research and discoveries. Information on your Shadow/Teacher cards. A new introduction. An updated bibliography. Tarot for Your Self uses meditations, rituals, spreads, mandalas, visualizations, dialogues, charts, affirmations, and other activities to help you establish your own relationship with the cards. All the information is presented using the best in traditional knowledge and know-how. This powerful breakthrough process will turn all your readings into truly transformative experiences.

Book Information

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Customer Reviews

Mary K. Greer is the author of five books on the Tarot, including Tarot Mirrors. A student of Tarot for 34 years, Mary is a Tarot Grandmaster and an Arch Priestess in the Fellowship of Isis. She is featured at Tarot conferences and symposia around the world, is active in Internet discussion

groups, and directs Tools and Rites of Transformation (TAROT), an educational center for the study of divination, women's mysteries, and the transformative arts.

This is a terrific foundation book for people learning the Tarot and wanting to learn more than you find in the little white book that accompanies most decks. Mary takes you through how to get the most from your deck from finding your birth card to various reading techniques. She is engaging to read and makes you feel welcome in your ever expanding use of Tarot. It is a great workbook to help you explore the Tarot and find your way to reading for yourself and others. I recommend this book to every person who is either just picking up a deck or looking for more exploration into Tarot.

Well written with lots of information as you work through the workbook. Information includes personal cards based on various other concepts such as numerology and astrology. Useful templates for building a tarot journal and working with the cards. I recommend using a traditional tarot deck with a good guidebook and symbols. I am using the Linestrider Tarot deck with the workbook and have found that it is a very simple design, lacking some of the imagery that other decks offer (I recommend the deck, but know there are some with more to the images). Combine the exercises with the appendices in the book and the wealth of information online, and you can easily delve into the world of tarot. This workbook is designed to help you connect with each card and really understand how it fits into your personal life allowing for more insightful readings for yourself and others.

better than tarot for dummies, respected author and useful in that it makes it personal before you venture out to read others' cards which is an honest way to proceed. the workbook style is at times annoying but easy enough to skip, then i found myself going back to exercises i did not do, so i think this book was very very thoughtfully put together and i recommend it to those interested in learning tarot, or just as another solid reference book (it does a beautiful job explaining the suits and numbered cards within them, tying in astrology and numerology as well)

A few people I have spoken with said I would not be able to read my own cards, but I have never had a problem. I bought this book as a guide incase I was interpreting them wrong, as well as an extra read for any of my tarot reading friends that doubt their own strengths.

This book is a must have for anyone who would like to truly get to know their cards and themselves.

Go into this book with an open mind and be ready to just go with Mary's instructions. Sometimes it gets a little strange (lots of "imagining" with the cards and meditation) but if you work with the exercises, you'll learn so much faster. I originally got this from the library, but I had to have a physical copy to keep! Seriously - if you ever want to read tarot, you'll need this book.

I am learning so much from the activities in this book. I decided to purchase a new deck specifically to work with the book, and it has opened even greater doors to understanding. I think anyone who enjoys reading tarot should work through this book.

This is a workbook to use to develop your own skills. Great idea and good information provided but the focus is on personal development. I would have preferred more information on the cards themselves...

This book is a must buy for anyone studying tarot! It is so thorough and so well written. The exercises in this book are like none other. Mary Greer really makes the cards come alive for me.

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